





CANALSIDE LUNCH

Wraps & Sandwiches are served with choice of our homemade daily soup, house salad, or fresh cut fries.



*MEDITERRANEAN CHICKEN SALAD

Mixed greens, tomatoes, onions, cucumbers, black olives, grilled chicken and feta cheese, topped with our Greek dressing, and a pepperoncini pepper. \$10.99

CAESAR SALAD

Classic Caesar salad topped with bacon, croutons, parmesan cheese and tossed in a creamy dressing. \$7.99

Add chicken or shrimp skewer for \$3.00



*THAI CHICKEN SALAD

Sautéed chicken and seasonal vegetables in sweet chili Thai sauce served over mixed greens and topped with sweet potatoes and crushed peanuts. \$10.99

*SOUTHWEST SALAD

Fresh mixed greens, tomatoes, cucumbers, onions, fresh roasted turkey, Monterey jack, cheddar and mozzarella cheeses, black beans and corn, served with nacho chips and special southwest sauce. \$10.99

*CANALSIDE CRAB CAKES

Lightly breaded potato and crab sautéed with our own spice and served with Dijon cream sauce and a side house salad. \$9.49

CANADIAN REUBEN

Montreal smoked beef, sauerkraut, and cheddar cheese, Thousand Island dressing, on rye bread, served with a pickle. Truly Canadian! \$9.49

MEXICAN STEAK SANDWICH

Angus steak, peppers, onions, sautéed in sour cream, salsa and Mexican seasonings topped with blend of 3 cheeses. \$9.99

CUBAN WRAP

Pulled pork, old fashion ham, pickles, onions, tomatoes, with Canalside mustard dressing in a tomato basil wrap. \$8.99

*CHICKEN FETA BRUSHETTA WRAP

Chicken breast, onions, and tomatoes, sautéed in our house Greek dressing topped with feta cheese in a tomato basil wrap. \$8.99

*ASIAGO CHICKEN SALAD SANDWICH

Chicken salad sandwich with onions, celery and Asiago mayo on focaccia bread. \$7.99

PULLED PORK & SLAW SANDWICH

Pulled pork and onions sautéed in sweet mustard, topped with coleslaw and served on a Kaiser. \$8.99

ANGUS STEAK BURGER

A juicy Angus steak burger served on a toasted Kaiser served with lettuce, tomato, onion, and pickle. \$9.59

Make it a Canadian burger, by adding peameal bacon for \$1.49

Add cheddar cheese, or fried mushrooms for only .89 each

Add extreme horseradish cheese for .99

*VEGETARIAN BURGER

A tasty veggie burger served with lettuce, tomato, onion, and pickle. \$8.79

Add cheese or fried mushrooms for .89 each

*FISH & CHIPS

English-style lightly beer battered fish served with fresh cut fries, coleslaw.

1 piece of fish \$7.99 / 2 pieces of fish \$9.59

GRILLED HAM & ROASTED PEPPER SANDWICH

Old fashioned ham, roasted peppers, goat cheese, served on a Vienna roll with garlic mayo. \$7.99

CANADIAN BLT

Canadian peameal bacon, tomato and lettuce sandwich topped with honey mustard mayo and cheddar cheese on a Kaiser. \$7.99

BREADED CHICKEN TENDERLOIN

Five plump chicken fingers and plum sauce. \$8.99

ANGUS STEAK AND BLUE CHEESE WRAP

Angus beef, onions, mushrooms sautéed in blue cheese in a tomato basil wrap. \$9.59.

*SWEET & SOUR CHICKEN STIR FRY

Chicken breast tossed with seasonal vegetables and served over 7 grain in sweet & sour sauce. \$10.99

CHICKEN ALFORNO

Boneless chicken breast, onions and garlic with fresh herbs served with bowtie pasta in a garlic cream sauce topped with cheese and baked to perfection. \$10.99

SOUP & HOUSE SALAD

A lunch size soup and salad combination. \$7.59

HOMEMADE DAILY SOUP

Our soups are made fresh daily. Please ask server for today's soup choices. \$3.99

Add a warm Vienna roll for only \$1.49



*denotes vegetarian dish, or it can be made into a vegetarian dish
All prices subject to applicable taxes.

BEVERAGES

Coffee \$1.99

Decaf Coffee \$1.99

Tetley Tea \$1.99

Fair Trade Herbal Teas \$1.99

A choice of green; chai or lemon breeze

Perrier Water 330 ml \$3.49

Bottled Water \$1.79

White milk \$2.59

Chocolate milk \$2.79

Juice \$2.39

Iced Tea & Lemonade \$2.39

Virgin Drink \$2.99

Espresso \$2.99

Cappuccino \$3.19

Fountain Pop \$1.99

Boylan's Pop \$2.79

Made with natural sugar cane

Choice of Root Beer, Orange Crème, Crème